

## THE ROLE AND IMPORTANCE OF CONGRATULATORY EXPRESSIONS IN UZBEK CULTURE: A SOCIOLINGUISTIC PERSPECTIVE

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**Abstract:** *In many cultures around the world, congratulatory messages serve as a form of social bonding, a means to express joy, and an essential element of human interaction. In Uzbek culture, these expressions hold particular significance, manifesting both in verbal and non-verbal forms as part of the broader social and cultural practices. This article examines the role of congratulatory expressions in Uzbek culture, highlighting their significance in various social contexts, including personal milestones such as birthdays, weddings, academic achievements, and career successes.*

**Key words:** *congratulations, congratulatory messages, congratulatory expressions, culture, tradition, social life.*

**Annotasiya:** *Dunyoning ko'plab madaniyatlarida tabrik xabarlarini ijtimoiy aloqa shakli, quvonchni ifodalash vositasi va odamlarning o'zaro munosabatlarining muhim elementi bo'lib xizmat qiladi. O'zbek madaniyatida bu iboralar alohida ahamiyatga ega bo'lib, keng ijtimoiy-madaniy amaliyotning bir qismi sifatida og'zaki va noverbal shakllarda namoyon bo'ladi. Ushbu maqolada tabrik iboralarining o'zbek madaniyatidagi o'rni ko'rib chiqilib, ularning turli ijtimoiy sharoitlarda, jumladan, tug'ilgan kunlar, to'ylar, akademik yutuqlari va martaba muvaffaqiyatlari kabi shaxsiy bosqichlardagi ahamiyati yoritilgan.*

**Kalit so'zlar:** *tabriklar, tabrik nomalari, tabrik so'zlari, madaniyat, an'ana, ijtimoiy hayot.*

**Аннотация:** *Во многих культурах мира поздравительные сообщения служат формой социальной связи, средством выражения радости и существенным элементом человеческого взаимодействия. В узбекской культуре эти выражения имеют особое значение, проявляясь как в вербальной, так и в невербальной форме как часть более широкой социальной и культурной практики. В этой статье рассматривается роль поздравительных выражений в узбекской культуре, подчеркивая их значимость в различных социальных контекстах, включая личные вехи, такие как дни рождения, свадьбы, академические достижения и успехи в карьере.*

**Ключевые слова:** *поздравления, поздравительные послания, поздравительные выражения, культура, традиции, общественная жизнь.*

### Introduction

In Uzbek society, expressing congratulations (tabrik) is an integral aspect of social interaction and plays a central role in the establishment and maintenance of

interpersonal relationships. This practice is deeply embedded in the fabric of Uzbek culture, encompassing both formal and informal contexts, and is a reflection of cultural values such as hospitality, collectivism, and respect for tradition. Congratulatory expressions are particularly significant during pivotal life events—birthdays, weddings, academic achievements, and the birth of children—where they function not only as a means of communication but also as a symbolic act of goodwill, support, and the reinforcement of social ties.

### **Cultural and Social Contexts of Congratulation in Uzbekistan**

Congratulatory messages are not limited to personal expressions of joy; they are a way of reinforcing the collective nature of Uzbek culture. These messages carry significant social weight and reflect the cultural importance placed on family, community, and collective well-being. Here, we outline the major occasions where congratulations are expected, demonstrating the central role they play in social life.<sup>1</sup>

#### **1. Birthdays (Tug'ilgan Kun)**

In Uzbekistan, birthdays are celebrated as a joyous occasion, but the focus is often less on the individual and more on communal participation. Congratulatory messages for birthdays are typically delivered by family members, friends, and colleagues, reflecting the value placed on maintaining social relationships.

Example: "Tug'ilgan kuningiz muborak bo'lsin! Baxt, sog'lik, va omad tilayman." (Happy birthday! I wish you happiness, health, and success.)

"Tavallud kuningiz muborak bo'lsin! Xar bir kuningiz ajoyib mo'jizalar bilan to'lib toshsin, barcha orzu-istaklaringiz xech qanday qiyinchiliklarsiz va to'siqlarsiz ro'yobga chiqsin!" (Happy birthday! May your everyday be filled with wonderful miracles, and may all your dreams and wishes come true without any difficulties or obstacles!)

These wishes highlight the communal aspirations for the individual's well-being and success, demonstrating the interconnectedness of the person with the broader social environment.

#### **2. Weddings (To'y)**

Weddings in Uzbekistan are marked by grand celebrations, where family and community members come together to express their best wishes for the newlyweds. Congratulations during weddings are often accompanied by gifts, food, and elaborate ceremonies, reflecting the Uzbek value of hospitality and the communal nature of the event.

Example: "To'ylaringiz muborak bo'lsin! Hayotingiz faqat baxt, tinchlik va muhabbatga to'la bo'lsin!" (Congratulations on your wedding! May your life be filled with happiness, peace, and love.)

The expressions here emphasize well-being in both the spiritual and material dimensions, underscoring the societal importance of marriage as a cornerstone of social stability.

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<sup>1</sup> Усмон Қорабоев Ўзбек халқи байрамлари. Тошкент-2002.Б.115

### 3. Academic Achievements (Akademik yutuqlar)

Educational milestones, particularly graduations, are a significant source of pride in Uzbekistan. Congratulatory messages in this context emphasize the value placed on hard work, education, and personal growth. Graduations, whether from primary school or university, are celebrated with public recognition, and the congratulations often carry an undertone of encouragement for future success.

Example:

"Diplomingizni qo'lga kiritganingiz bilan tabriklayman! Yutuqlaringiz bardavom bo'lsin."

(Congratulations on obtaining your diploma! May your achievements continue.)

This form of congratulation acknowledges not only the achievement but also the journey that lies ahead, reflecting the importance of continuous personal development.

### 4. Birth of a Child (Chaqaloq tug'ilishi)

The arrival of a child is a major event in Uzbek families, and congratulatory messages are often heartfelt and filled with blessings for the child's future. The birth of a child is seen as a blessing, and congratulations are a way of celebrating the continuation of the family and community legacy.

Example: "Farzandizgiz tug'ilgani bilan muborakbod etamiz! U sizga baxt va quvonch keltirsin." (Congratulations on the birth of your child! May he/she bring you happiness and joy.)

Here, the congratulatory message transcends the immediate family, as it reflects collective joy and hope for the future.<sup>2</sup>

### Linguistic Features of Uzbek Congratulatory Messages

The structure of congratulatory expressions in Uzbek reveals a sophisticated interplay between syntax, semantics, and social context. Common features include:

**1. Formal Address and Respect:** In Uzbek, respectful language forms are often used, particularly in formal or semi-formal contexts (e.g., addressing an elder or a superior). The use of polite pronouns and verb forms is a key aspect of congratulatory phrases, reinforcing the values of respect and deference.

**2. Positive and Optimistic Tone:** Uzbek congratulatory messages are typically optimistic and forward-looking, reflecting cultural values of hope, good fortune, and communal well-being.

**3. Blessings and Religious References:** In many cases, congratulatory messages include blessings or references to divine protection, reflecting the strong presence of Islam in Uzbek culture.

### Sociocultural Implications and Future Directions

The act of congratulation in Uzbek culture is not merely a formal exchange of pleasantries but an essential ritual that strengthens social bonds and promotes a sense of community. It reflects the deep cultural emphasis on collective well-being, mutual support, and respect for traditional values. However, with the growing influence of

<sup>2</sup> <https://talimuchun.uz/sherlar/tugilgan-kun-tabriklari>

global cultures and technological advancements, there are indications that traditional congratulatory practices in Uzbekistan may evolve. The use of digital communication tools, for instance, is influencing the ways in which people send congratulations, with platforms like social media and messaging apps becoming increasingly prevalent.

Future research could explore the evolving dynamics of congratulatory practices in Uzbekistan, particularly the impact of digitalization on the expression of social support and the changing role of language in maintaining social cohesion.

### **Conclusion**

Congratulatory expressions in Uzbekistan are deeply rooted in the culture, serving not only as a form of personal recognition but also as a powerful tool for fostering social ties and promoting communal values. These expressions encapsulate the collective spirit of Uzbek society, emphasizing respect, well-being, and future success. Through an exploration of the various contexts in which congratulations are given, this article highlights their significance in shaping social interactions and maintaining cultural traditions. The evolving nature of communication in Uzbekistan may further influence these practices, but the underlying values of community, respect, and hope for the future remain steadfast.

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