

SHADOWING TECHNIQUE IN LEARNING ENGLISH

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Annotation: *The shadowing technique is a dynamic approach to language acquisition that involves simultaneously listening to native speakers and repeating their words. This strategy enhances a variety of language skills, including intonation, pronunciation, and overall English fluency. Students can improve their auditory processing and speech production skills, which will help them remember vocabulary and grammatical structures, by practicing active listening and quick repetition. The approach encourages students to thoroughly immerse themselves in the language, which helps them develop a greater understanding of its nuances and rhythms. Shadowing is an effective method for students of all skill levels because it encourages active engagement with the language and boosts speaking confidence. This abstract discusses the effectiveness of shadowing as a tool for facilitating language acquisition and improving communicative skills in English.*

Key words: *Shadowing technique, Dynamic language learning, Simultaneous repetition, Pronunciation, Speech production, Grammatical structures, Language immersion, Nuances, Rhythms, Language acquisition, Communicative competence*

Annotasiya: *Soya texnikasi-bu bir vaqtning o‘zida ona tilida so‘zlashuvchilarni tinglash va ularning so‘zlarini takrorlashni o‘z ichiga olgan tilni o‘zlashtirishga dinamik yondashuv. Ushbu strategiya turli xil til ko‘nikmalarini, shu jumladan intonatsiya, talaffuz va umuman ingliz tilini ravon bilishni yaxshilaydi. Talabalar faol tinglash va tez takrorlashni mashq qilish orqali so‘z boyligi va grammatik tuzilmalarni eslab qolishga yordam beradigan eshitish jarayonini va nutqni ishlab chiqarish ko‘nikmalarini yaxshilashlari mumkin. Yondashuv talabalarni o‘zlarini tilga chuqur singdirishga undaydi, bu ularning nuanslari va ritmlari haqida ko‘proq tushunishni rivojlantirishga yordam beradi. Soya solish barcha mahorat darajasidagi talabalar uchun samarali usuldir, chunki u til bilan faol aloqani rag‘batlantiradi va nutqqa bo‘lgan ishonchni oshiradi. Ushbu referatda soya solish samaradorligi tilni o‘rganishni osonlashtirish va ingliz tilida kommunikativ ko‘nikmalarni takomillashtirish vositasi sifatida muhokama qilinadi.*

Kalit so‘zlar: *Soya texnikasi, dinamik til o‘rganish, sinxron takrorlash, talaffuz, nutq ishlab chiqarish, grammatik tuzilmalar, tilga botish, nuanslar, ritmlar, tilni egallash, kommunikativ kompetentsiya*

Аннотация: *Техника затенения – это динамичный подход к овладению языком, который предполагает одновременное прослушивание речи носителей языка и повторение их слов. Эта стратегия улучшает различные языковые навыки, включая интонацию, произношение и общее владение английским языком. Практикуясь в активном слушании и быстром повторении, учащиеся могут улучшить свои навыки обработки слуховых данных и постановки речи,*

что поможет им запомнить словарный запас и грамматические структуры. Такой подход побуждает студентов полностью погрузиться в изучение языка, что помогает им лучше понять его нюансы и ритмику. Теневое обучение – эффективный метод для студентов любого уровня подготовки, поскольку оно способствует активному изучению языка и повышает уверенность в разговоре. В этом реферате обсуждается эффективность слежки как инструмента, облегчающего изучение языка и улучшающего коммуникативные навыки в английском языке.

Ключевые слова: Техника затенения, Динамическое изучение языка, Одновременное повторение, Произношение, Постановка речи, Грамматические структуры, Языковое погружение, Нюансы, Ритмы, Владение языком, Коммуникативная компетентность

INTRODUCTION

The "sombre repetition" or "shadowing" method of language learning involves listening to a native speaker and immediately repeating what they say. This technique is very useful for improving pronunciation, intonation, and fluidity in foreign languages, such as English.

The idea behind somber repetition is straightforward: an audience listens to an audio or video recording in the target language and attempts to mimic the words and phrases as accurately as possible. This may be accomplished through conversations, speeches, or even songs. The goal is to actively strengthen linguistic skills and "immerse oneself" in the language.

The Benefits of Somber Repetition:

1. Improvement of Pronunciation: By mimicking the sounds and intonations of native speakers, learners can improve their own pronunciation and lessen their accent.
2. Memory Reinforcement: Active repetition helps people remember vocabulary and grammar structures. By using the information right away, the apprenants retain it better.
3. Development of Active Listening: This method requires the listener to focus on each word and its pronunciation, which promotes attentive listening.
4. Linguistic Fluidity: Through consistent practice, learners gain confidence and fluidity, which makes it easier for them to express themselves in real-world discussions.

How to Do Somber Repetition Exercises

1. Choose the Material: Select recordings that are appropriate for your level. This could be podcasts, YouTube videos, movies, or television shows.
2. Pay attention: Before you start repeating, listen to the recording once to understand the context and content.
3. Repeat Immediately: Start recording and repeat as soon as you can. Do not hesitate to pause if necessary to better grasp the phrases.
4. Record Your Voice: To assess your progress, record yourself while repeating. This will allow you to understand your errors and make corrections.



5. Practice Regularly: Dedicate time each day or week to this practice in order to reap the most benefits.

"When we use shadowing to duplicate phrases, we activate the same neural networks in the brain that are necessary for real communication in this language," according to the scientific explanation for why this method works. We appear to be mentally sketching the language in this way. Additionally, learning the language by ear makes the process of learning it easier, even though we might not understand the words exactly. In actuality, we prime the mind before laying the tongue there. The shadowing technique should be broken down into five stages, according to its creator, A. Arguelles:

1) Imitation without intent. Listen to the tape without looking at the text and attempt to get its core. You must scroll through the same section as many times as necessary. Repeat whatever you can after the carrier.

2) Textual imitation. The second stage involves copying the native speaker's speech while glancing at the translation. It is only the translation!

Without any text in a foreign language. You cannot yet read the constructs and grammar.

Replay in shadow mode. Repetition of the speaker's voice with the text in front of him.

Elaboration. Read the sentence again and examine the pronunciation characteristics.

Letter. In the final stage, manually record each sentence of the speaker's speech.

Recorded – read out loud, recorded – read out loud.

To enhance pronunciation, all of these actions are required.

This method has the benefit of automatically helping the learner with other essential language skills in addition to pronunciation. But this could be a drawback in the early stages of training, as the article by Bubnova A.S. reflects: "These exercises cause certain difficulties at the early stages of training because these four processes must occur simultaneously and in a limited amount of time: if the student did not hear or understand something, he will not be able to reproduce the original;

Since the text is reproduced in fragments, the "speaker" will have time to "go" so far ahead that subsequent attempts to complete the exercise will lose all meaning. This means that even if the student has heard and comprehended the original, he will not be able to reproduce it with the same speed and quality of speech due to articulation issues.

The shadow repetition method is effective for teaching foreign languages in both high school and language university settings. Of course, this strategy should be assigned as homework so that students can prepare and listen to the content as many times as necessary to gain a high-quality perception of the subject and be ready to repeat after the speaker. Students also require time to select appropriate material for a certain topic, as well as the speaker's speech tempo, among other factors. This approach is tough to employ in lessons or in pairs, because it takes up a lot of space, and it is problematic to perform this in large groups. It is preferable to employ this strategy at home and individually, followed by an assessment of pronunciation and

text comprehension abilities in an educational setting. pupils can also record their voice on a Dictaphone and submit it to the teacher; this method is appropriate for shy pupils and decreases the time spent checking in during the lecture. Ted Talks are perfect for authentic content. Experts give 15-20-minute presentations on a variety of topics, including education, creativity, and science. Everyone will be able to find a film on a topic that interests them and not only improve their English, but also learn something significant that will change their perspective on the world.

Each movie includes subtitles, which are necessary for completing the second and third stages of the shadow repetition technique. If you utilize the shadowing technique while watching TED speeches, you can improve not just your pronunciation but also your public speaking skills, such as which words, tone, and style will pique the audience's interest. When copying a speaker's voice, you can stand in front of a mirror or record a video of yourself to watch how you gesture and speak, essentially looking at yourself from the outside. Ted Talk is better suited to language university students, i.e. those with a higher level of language proficiency. The accessibility of Ted talks is another benefit; they are available for free watching on both the official website and the You Tube video hosting service.

Shadowing is a fantastic way to pick up new words. And most all, to know how to properly blend it with other words. Additionally, you will be able to convert a significant portion of previously encountered passive vocabulary into active vocabulary. You'll notice that you will soon be able to respond more creatively to basic instructor inquiries like "How was your day?" For instance, highly tiring rather than very difficult. "I've seen better" or simply "It's been better" are also options.

Shadow repetition is an effective technique for anyone looking to improve their English skills. By incorporating this strategy into your learning regimen, you will not only improve your pronunciation and fluidity, but you will also develop a better understanding of the language in its whole. Whether you are a beginner or an advanced speaker, somber repetition can help you achieve your linguistic goals in an efficient and enjoyable manner.

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