

## MODERN METHODS OF TEACHING A FOREIGN LANGUAGE

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**Abstract.** At present, the process of teaching foreign languages has significantly developed, incorporating modern methods for language acquisition and skill improvement. This article examines the main contemporary methods used in teaching foreign languages and their benefits.

**Key words:** CLT, TBLT, CBI, foreign language, method, technology.

Today, language learning plays an important role in our society. After our country gained independence, attention to science – especially to foreign languages – has increased significantly. Teaching every subject using modern innovative technologies and methods is considered one of the most important requirements of the present time. In today's rapidly developing era, significant changes and achievements are being made in every field, especially in science. After our country gained independence, attention to science – particularly to foreign languages – has increased considerably. Teaching every subject using modern innovative technologies and methods has become one of the most important requirements of the present time. Furthermore, after the First President of the Republic of Uzbekistan, I.A. Karimov, adopted a number of resolutions related to the teaching and learning of foreign languages, a new environment and era began in our country. In accordance with these decisions, modern textbooks, methods, and technologies were developed. In contemporary education, the demand for organizing the learning process using interactive methods, innovative technologies, and information technologies is steadily increasing. One of the main reasons for this is that, unlike traditional education, modern methods create favorable conditions for the development, formation, proper education, and acquisition of sufficient knowledge by students. The role and importance of modern methods and innovative technologies are extremely significant. There are several effective ways of teaching foreign languages, particularly English. For example, during lessons, teachers can use English video materials, dialogues, films, or cartoons, as well as more traditional tools such as tape recorders and CDs. The use of these technical means makes the process of learning a foreign language more engaging and effective for students.

**1. Communicative Language Teaching (CLT):** This approach emphasizes real communication as the main goal of language learning. CLT focuses on interactive activities such as group discussions, role plays, and problem-solving tasks. These activities encourage learners to actively participate in meaningful conversations. By focusing on practical language use, CLT equips learners with the skills needed to communicate effectively in real-life situations.

**2. Task-Based Language Teaching (TBLT):** TBLT is centered around completing specific communicative tasks, such as planning a trip or solving a problem, as a way to develop language skills. Learners collaborate and work together to accomplish these tasks, promoting language use in real contexts. TBLT encourages learners to actively use the target language while also developing problem-solving, critical thinking, and decision-making skills.

**3. Technology-Enhanced Language Learning:** With advancements in technology, various digital tools and platforms have transformed the way foreign languages are taught. Computer-Assisted Language Learning (CALL), mobile applications, online language exchanges, and interactive multimedia resources provide learners with authentic language practice, immediate feedback, and personalized learning experiences. These technology-based methods offer flexibility, access to a wide range of resources, and individualized learning paths, which increase learner motivation and engagement.

**4. Content-Based Instruction (CBI):** This approach combines language learning with the study of meaningful content such as history, science, or literature. By integrating language instruction with subject matter, learners develop their language skills while simultaneously gaining deeper knowledge in a specific content area. CBI promotes interdisciplinary thinking, critical analysis, and effective communication within meaningful contexts, encouraging a holistic approach to language acquisition.

**5. Flipped Classroom:** This method involves reversing the traditional classroom model by delivering direct instruction online and using classroom time for interactive activities, discussions, and projects. Learners access instructional videos, podcasts, or online modules in advance, allowing them to understand basic concepts before coming to class.

These modern approaches to foreign language teaching prioritize real communication, interaction with learners, and the practical application of knowledge. These methods aim to promote active language use, critical thinking, cultural understanding, and skill development by incorporating interactive activities, technology, and real-world concepts. Language instructors are increasingly adopting these approaches to create dynamic and immersive learning environments that address the diverse needs and learning styles of today's language learners.

In conclusion, modern teaching methods play a crucial role in creating effective and learner-centered educational environment. Their emphasis on interaction, integration and communication helps students acquire their knowledge more deeply and meaningfully.

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