

THE ROLE OF TPR (TOTAL PHYSICAL RESPONSE) IN TEACHING ENGLISH TO CHILDREN

Raximova Madina Mirshuhrat qizi

UzSWLU, 3rd year student

Scientific supervisor: Akhmadaliev Khosiyatposhsho Abdukhayotovna

Acting Associate Professor of the Department “Theoretical Aspects of the English Language”

Annotation. This article explores the TPR (Total Physical Response) methodology and its role in teaching English to children. The study aims to determine the effectiveness of TPR and identify its advantages over traditional approaches. The methodology includes an analysis of scientific sources and practical experience in applying TPR. The results show that TPR contributes to deep language acquisition, the development of communicative skills, and motivation in children.

Keywords: TPR, teaching, English, children, methodology, communicative skills, motivation.

Аннотация. В этой статье рассматривается методика TPR (Total Physical Response) и ее роль в обучении английскому языку детям. Цель исследования, определить эффективность TPR и его преимущества перед традиционными подходами. Методика включает в себя анализ научных источников и практического опыта применения TPR. Результаты показывают, что TPR способствует глубокому усвоению языка, развитию коммуникативных навыков и мотивации у детей.

Ключевые слова: TPR, преподавание, английский язык, дети, методика, коммуникативные навыки, мотивация.

Annotatsiya. Ushbu maqolada TPR (Total Physical Response) texnikasi va uning bolalarga ingliz tilini o'rgatishdagi roli ko'rib chiqiladi. Tadqiqotning maqsadi TPR samaradorligini va uning an'anaviy yondashuvlarga nisbatan afzalliklarini aniqlashdir. Texnika, ilmiy manbalarni tahlil qilishni va TPRni qo'llashning amaliy tajribasini o'z ichiga oladi. Natijalar shuni ko'rsatadiki, TPR bolalarga tilni chuqur o'rganish, muloqot qobiliyatlari va motivatsiyani rivojlantirishga yordam beradi.

Kalit so'zlar: TPR, o'qitish, Ingliz tili, bolalar, metodologiya, muloqot qobiliyatlari, motivatsiya.

Introduction. In today's world, proficiency in foreign languages is essential for professional and personal development. English holds a special place in education, but traditional methods do not always take into account the age-specific characteristics of children, which can reduce their interest in learning. Therefore, there is a need to search for new methodologies, such as TPR, developed by James Asher. TPR methodology is based on the coordination of speech and movement, which helps children better memorize material. It involves

the teacher giving commands or instructions in a foreign language, while students perform corresponding actions physically. This promotes deeper understanding and retention of the language.

Methods. The following methods were used for the study: analysis of scientific sources on TPR, examination of practical experience of educators, observation of the learning process of children, questionnaires for children and educators, comparison with traditional teaching methods.

Results and Discussion: The results showed that TPR is effective in teaching children. The methodology contributes to: deep understanding of vocabulary and grammar, development of communicative skills, increased motivation, reduction of stress and tension. Comparison with traditional methods revealed the following advantages of TPR: Visual and practical orientation, use of game elements, consideration of age-specific characteristics, reduction of stress and tension through play and physical activity, improved concentration and memory due to a multisensory approach. However, TPR requires adaptation to specific groups and individual characteristics of children. For example, some children may be more sensitive to physical activity or have health limitations that need to be considered when using the methodology.

Advantages of TPR for Children

The use of TPR in teaching English to children has several advantages:

Improved language comprehension. Physical actions help children better understand and remember new words and phrases.

Development of motor skills. Following commands and instructions contributes to the development of motor skills and coordination.

Increased motivation. The game-based learning and physical activity make the process more engaging and interesting for children.

Stress reduction. Physical activity helps reduce stress and tension, contributing to more effective learning.

Development of social skills. Working in groups and performing commands together with other children promotes the development of social skills and the ability to work in a team.

Adapting TPR to Age Groups

When using TPR, it is important to consider the age-specific characteristics of children. For example, for younger schoolchildren, simple commands and instructions related to body movements and objects may be more suitable. For older schoolchildren, more complex grammatical structures and more complex physical actions can be used. It is also important to adapt the methodology to the individual characteristics of each child. For example, some children may prefer more calm activities, while others may be more active and energetic.

Integration of Technology in TPR:

Modern technology can enhance TPR by providing multimedia resources and interactive platforms. For example, teachers can use tablets or smartphones to display visual aids and videos that accompany physical activities. This not only

makes the learning process more engaging but also prepares children for the digital world they live in.

Role of Peer Interaction in TPR:

Incorporating group activities in TPR can foster collaboration and communication among children. Working in pairs or small groups to perform physical actions related to vocabulary or grammar can enhance social interaction and reinforce language learning.

Adaptability of TPR for Special Educational Needs:

TPR can be adapted to suit children with special educational needs, such as visual or kinesthetic learners. For instance, children with visual impairments can benefit from tactile props and guided physical movements, while those with auditory learning preferences can integrate sound effects into TPR activities.

Benefits of TPR for Developing Cultural Awareness:

TPR activities can incorporate elements of cultural context, helping children learn English in a culturally rich environment. For example, role-playing scenarios that simulate interactions in different cultural settings can enhance language proficiency and cultural understanding.

Long-term Impact of TPR on Cognitive Development:

Research suggests that TPR not only improves language skills but also contributes to overall cognitive development. The physical and mental engagement required in TPR activities can enhance memory, attention, and problem-solving skills, which are crucial for academic success.

In conclusion, TPR is a promising methodology for teaching English to children. It combines game elements and practical tasks, making the process engaging and promoting better material acquisition. To achieve optimal results, it is necessary to adapt the methodology to specific educational goals and individual characteristics of children. The use of TPR can help make the learning process more effective and interesting for children, as well as contribute to the development of their communicative skills and motivation to learn English.

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